

TANZANIA

STUDY

TOUR



2014

20th September

- 1st October



Tanzania Wildlife Research Institute
Instituto Nacional de Pesquisas da Amazônia
Center for Ecological Sciences, Indian Institute of Science
Universiti Malaysia Sabah
Universiti Sains Malaysia
Primate Research Institute, Kyoto University
Wildlife Research Center, Kyoto University

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◆Participant List for 2014 Tanzania Study Tour◆

* WRC = Wildlife Research Center, PRI = Primate Research Institute












Name	Affiliation	Status	Excursion
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◆Gombe tour◆

Please be careful!

* Kishida...Arusha: Impala Hotel, Ngoro Ngoro: Ngoro Ngoro Wildlife Lodge, Zanzibar: Chavda Hotel, Dar es Salaam: Field Station

* Takeshita...Arusha: Outpost Lodge, Ngoro Ngoro: Rhino Lodge, Gombe: , Dar es Salaam: New Africa Hotel

Date	Schedule	Hotel
20 th /SEP	Depart for Dar es Salaam Members departing from Kansai: 23:05 QR803 <i>(Other members please check your own e-ticket)</i>	
21 st	Arrive in Dar es Salaam From Kansai: 13:20 *getting visa, exchanging money Depart for Arusha 19:00 PW432 20:25 Arrive in Arusha (Kilimanjaro Airport) <i>(Please check your own e-ticket)</i>	
22 nd	Symposium	
23 rd	Symposium	
24 th	Game drive in Manyara	
25 th	Game drive in Ngoro Ngoro Back to Arusha by car	
26 th	Depart for Gombe 9:00 Depart from Arusha 12:00 Arrive in Kigoma 14:00 (Boat) Depart from Kigoma 17:00 Arrive at Gombe	
27 th	Chimpanzee trekking Evening: free time	
28 th	Chimpanzee trekking Depart for Kigoma 14:30 (Boat) Depart from Gombe 17:30 Arrive in Kigoma	
29 th	Depart for Dar es salaam 11:35 PW497 Depart from Kigoma 15:35 Arrive in Dar es salaam	
30 th - 1 st /OCT	Depart for your country Members leaving for Japan: 12:35 QR 1350 <i>(Other members please check your own e-ticket)</i>	

◆Zanzibar tour◆

Please be careful!

* Kishida...Arusha: Impala Hotel, Ngoro Ngoro: Ngoro Ngoro Wildlife Lodge, Zanzibar: Chavda Hotel, Dar es Salaam: Field Station

* Takeshita...Arusha: Outpost Lodge, Ngoro Ngoro: Rhino Lodge, Gombe: , Dar es Salaam: New Africa Hotel

Date	Schedule	Hotel
20 th /SEP	Depart for Dar es Salaam from Kansai (via Doha) 23:05 QR803	
21 st	Arrive in Dar es Salaam 13:20 *getting visa, exchanging money Depart for Arusha 19:00 PW432 Depart from Dar es Salaam 20:25 Arrive in Arusha (Kilimanjaro Airport)	
22 nd	Symposium	
23 rd	Symposium	
24 th	Game drive in Manyara	
25 th	Game drive in Ngoro Ngoro Back to Arusha by car	
26 th	Depart for Zanzibar 13:30 PW1330 Depart from Kilimanjaro airport 14:50 Arrive in Zanzibar	
27 th	Dolphin tour *Car will be ready	
28 th	Morning: free time Depart for Dar es Salaam 15:30 (Ferry) Depart from Zanzibar 17:30 Arrive in Dar es salaam	
29 th	Morning: Free time Depart for Kansai 18:20 QR1348 Depart from Dar es Salaam	

◆Emergency Contacts◆



- Impala Hotel 027—2543082
- Outpost Lodge 027—2548405 / 0754—318523
- Ngoro Ngoro Wildlife Lodge 027—2537058
- Rhino Lodge 0762359055
- Chavda Hotel 024—223115
- Lake Tanganyika Hotel 028—2803052/3/4
- New Africa Hotel 022—2117139

- Japanese Embassy 022—2115827/9

- Irac Emergency Support 00-81-3-6738-3917
- Wildlife Research Center of Kyoto University +81-75-771-4393

◆Packing List◆

Suitcase or backpack	[Size] Smaller the better...height under 70 cm would be nice. [Weight] International flight (Qatar Airways): <30kg, domestic flight (Precision Air): <23 kg, charter flight to Gombe (Regional Air): preferably <15 kg
Luggage lock	Important!
Daypack	Top loading packs are safer.
Hiking shoes or sneakers	
Trousers	
Short sleeve & long sleeve shirts	Long sleeves are recommended for guarding your skin from the sun & mosquitoes.
Socks	
Underwear	
Warm top (e.g. fleece)	Arusha gets cold at night!
Rain jacket, foldable umbrella	Apparently rainy season is already approaching.
Hat	
Sunglasses	
Flip flops	For shower and on the beach in Zanzibar.
* No need to bring nice clothes just for the workshop	
Travel towel	
Insect repellent	Can be bought in Tanzania.
Sunblock	<i>Cannot</i> be bought in Tanzania.
Camera	
Binoculars	
Notepad & pen	
Certificate of yellow fever vaccination	
Photocopy of passport	Required for purchasing SIM card.
Photocopy of family register (戸籍謄本のコピー)	Required for issuing travel documents at the embassy in case of loss of passport.
SIM free phone	
Voltage converter	230 V in Tanzania

Travel plug adaptor	Mainly type BF, occasionally type B3 or C in Tanzania
Chargers	
Batteries	
Flashlight, head torch	Blackouts may occur.
First aid kit	Malaria medication, antibiotics, anti-itch cream etc. We will bring a first aid kit for the group, but it might not be enough for everyone. Malaria medication can be bought in Tanzania, but if you have any preference (Malarone is recommended), please have them prescribed in Japan.
Shampoo & conditioner	
Soap	
Toothbrush & toothpaste	
Contacts, glasses	
Laundry kit	Laundry detergent, clothesline etc.
Hand sanitizer, wet wipes	Hands will often get dirty.
Toilet paper	Most bathrooms have them, but not all places outside nice hotels and restaurants do.
Plastic bags	

◆Packing List for Zanzibar Dolphin Tour◆

Motion sickness pills	Many people say they got sick on the ferryboat!
Swimwear	
Rash guards	
Sunblock	
Towel	
Flip flops	
* Snorkel set included in tour	
* No wetsuit included in tour	

◆Notes◆

Before departing for Tanzania

- Please buy overseas travel insurance. (WRC students: Mitsui Sumitomo Kaijō & Irac, both via WRC website)

Upon entering Tanzania

- **Immigration card:** Please write **New Africa Hotel** as your address in Tanzania.
- **Visa:** Please write address of **JATA Tours** as your address in Tanzania.
 - Mr. Toshimichi Nemoto
Japan Tanzania Tours Ltd.
Patel Building Maktaba Street/Mpituni Street 1st Floor
P.O.BOX 9350, Dar es Salaam, TANZANIA
TEL:0255-22-2134153,2134431
- Please choose **sightseeing** as purpose of travel.

About baggage

- Participants of **Gombe tour** will use Regional Air's charter flight. Baggage weight should preferably be less than **15 kg**. No size limitation, but height under 70 cm is preferable.
- Participants of **Zanzibar tour** will use Precision Air, weight limitation **23 kg**, and ferryboat, which baggage can be checked in. Make sure you can lock your luggage. If you still feel insecure, bring small bags and carry yourself.

About cash

- Please bring **American dollars**. Japanese yen cannot be changed to Tanzanian shillings in Japan.
- Please be reminded that dollar bills printed before year 2000 have an extremely low exchange rate (\$1 = 1,200 shillings), and may not even be changed at all. We strongly advise you to bring newer bills, printed in 2000 or after.
- Since we will be visiting tourist areas, dollars can be used in most places. You might like to bring some smaller bills and change.
- For buying souvenir, 10,000 yen should be enough for Gombe tour participants; 10,000 to 20,000 yen for Zanzibar tour participants.
- Meals will basically be paid for from the money we collect before the study tour. In case of having meals separately, we will hand out some money (about 30,000 shillings) to members each time.

Moving around Dar es Salaam after Zanzibar tour

- We booked a 10-seater car for our free time in Dar es Salaam on the last day. We can load our luggage into the car, go to a few places for shopping and head for the airport in the evening. If you wish to move around by yourself, you can leave your luggage in the car.