Affiliation/Position | Wildlife Research Center/M1  
Name               | Kaede Mizukoshi

1. **Country/location of visit**
   Myoukou, Niigata prefecture

2. **Research project**
   Sasagamine training course

3. **Date (departing from/returning to Japan)**
   2014. 07.22 – 07.25 (4 days)

4. **Main host researcher and affiliation**
   KUAC

5. **Progress and results of your research/activity**
   (You can attach extra pages if needed)
   Please insert one or more pictures (to be publicly released). Below each picture, please provide a brief description.
   This training course held in Sasagamine hutte (Kyoto university). First day, we arrived at the hutte in the evening, and took a walk around there. Second day, we did river trekking in the morning and received the lecture from Mr. Higuchi in the afternoon. Third day, we climbed Mt. Hiuchi, all the members reached the summit. Last day, we received the lecture about the bivouac that we were not able to perform on the day before.
   Because the mountain climbing was after a long absence, I realized lack of the physical strength. I could learn rope work, how to read map and so on, so this training course were enriched very much.

6. **Others**

   Acknowledgement
   Tetsuro Matsuzawa, Shiro Koshima, Shigeru Sugiyama, Kazuo Higuchi, Akiko Sawada, Etsuko Ichino, Yoshihiro Hokazono, Yuki Ishida