

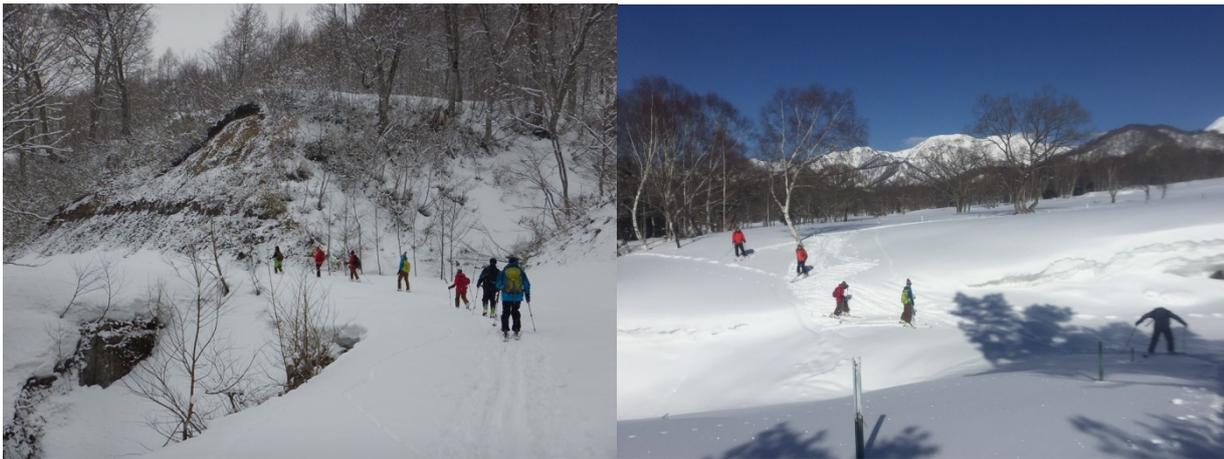
**Research Activity Report**  
**Supported by “Leading Graduate Program in Primatology and Wildlife Science”**  
 (Please be sure to submit this report after the trip that supported by PWS.)

2016.3.28

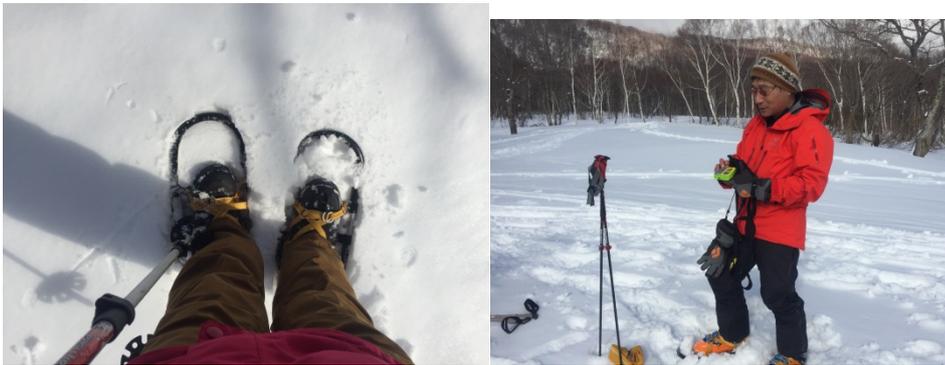
<b>Affiliation/Position</b>	Wildlife Research Center/M1
<b>Name</b>	Natsuko Tajima

<b>1. Country/location of visit</b>
Sasagamine kougen , Myoko-shi, Niigata Pref.
<b>2. Research project</b>
Sasagamine field course (Snow season)
<b>3. Date (departing from/returning to Japan)</b>
2016.3.23-3.27 (5days)
<b>4. Main host researcher and affiliation</b>
Prof. Shigeru Sugiyama
<b>5. Progress and results of your research/activity</b> (You can attach extra pages if needed)
Please insert one or more pictures (to be publicly released). Below each picture, please provide a brief description.
<p>The aim of this course was to try to walk and climb with ski, to observe wildlife in snow mountain and to learn how to survival in snow mountain.</p> <p>The schedule was as follows.          3/23 Arrive at Sasagamine Hut / Prepare the goods          3/24 Walk with ski / Skiing          3/25 Walk with ski / Skiing          3/26 Sking/Walk with Snow shoes          3/27 Departure for Kyoto</p> <p>On the first day, we went to Suginosawakami St. by Bus, and then we rode snowplow from there to Sasagamine hut. It was my first time to ride snowplow, so it was very good experience. From Suginosawakami St., there was lots of snow, so I can feel the importance of snowplow.</p> <p>On the second day, we walk with ski around Hut. I learned that it was important to slide ski while walking. If you raised your foot, it was very heavy because of ski and snow. But if you slide the ski, it was very easy to walk.</p> <p>At first, I struggle to walk with ski, but gradually I accustomed to slide the ski and I could walk fast and easily. I surprised to hear We walked about 10km total. It was hard but very fun.          In the afternoon, we skied around hut. My ski was not waxed, so I could not ski well.          I learned how important to maintenance the equipment was.</p> <p>On the third day, we walk with ski again. We walked the way we rode the snowplow on the first day. It was very hard to walk on the top because of the snow, so we have to change the top again and again to continue to walk.          In the afternoon, we tried skiing again. It was little bit steep slope. I was not good at skiing, so I fall down again and again. But it was very fun.</p> <p>On the fourth day, we skied gentle slope and trace the animal footprints. There are many footprints of animals such as fox, raccoon dog, and Japanese marten. We saw one fox between the woods.          In the afternoon, we walked with snow shoes around Hut. It was very easy to walk on the snow using snowshoes. I could easily climb the steep slope with snowshoes.          Then, we learned how to find the person who is buried with snow because of avalanche using beacon and prove. And also we learned how to make water from the snow. We make water from snow and cook noodle using the water. It was very delicious.          It was very good experience for me to learn how to move with ski in the snow mountain.</p>

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Walk with Ski (Photo by Reiko Takizawa)



Walk with Snowshoes

Lecture about Beacon and Prove

**6. Others**

I appreciate Prf. Shigeru Sugiyama to support our activities. And I would like to gratitude Prof. tetsuro Matsuzawa and Prof. Shiro Koshima to teach many things about Snow mountain and skiing. Also I would like to appreciate Prof. Reiko Takizawa and Ms. Miku Akiyama to support our course. And I am grateful to the PWS program and members.