## Research Activity Report Supported by "Leading Graduate Program in Primatology and Wildlife Science"

(Please be sure to submit this report after the trip that supported by PWS.)

	3 Aug 2017
Affiliation/Position	Primate Research Institute/ M1
Name	Nelson Broche

#### 1. Country/location of visit

Sasagamine, Niigata prefecture, Japan

### 2. Research project

Sasagamine Field Science Course

#### 3. Date (departing from/returning to Japan)

18 Jul – 21 Jul 2017 (4 days)

#### 4. Main host researcher and affiliation

Dr. Shigeru Sugiyama (Shizuoka University)

#### 5. Progress and results of your research/activity (You can attach extra pages if needed)

Please insert one or more pictures (to be publicly released). Below each picture, please provide a brief description.

#### Itinerary

18 July = arrived at Sasagamine, guidance of field course, short excursion of surrounding area

19 July = map reading, surveyed Karasawa & Tokusazawa areas, rope work practical, mountain hiking preparations

20 July = climbed Mt. Hiuchi

21 July = rope & bivouac lecture, departure preparations & cleaning of mountain hut

This was my first trip to Niigata prefecture as well as joining the Sasagamine Field Science Course. This course provided a safe environment to learn about the many challenges of mountain work. Dr. Sugiyama gave clear and informative lectures of the surrounding flora and fauna. Our group had the opportunity to learn about a broad range of survival skills from potentially poisonous plants, navigating mountainous terrain, and creating emergency shelter. We also were able to hike to the summit of Mt. Hiuchi (2,462 m).

I particularly did not know about the many uses of a "zelt", which can protect from wind and rain, can be used for collecting water, as well as creating a small emergency shelter. Being able to use one item for many purposes can lighten one's load while hiking.

I recommend this course for not only those who want to learn about survival skills but also who enjoy the outdoors.

Lastly, I would like to thank my fellow course participants who made this course enjoyable.

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Excursion to Karasawa area



Prof. Sugiyama demonstrating one use of a zelt

### 6. Others

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Many thanks to Profs Sugiyama, Koshima, Matsuzawa, & Takizawa for teaching and leading this course.	
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